IAP15 Rec'd PCT/PTO 16 AUG 2006

PTO-1390 (Rev. 07-2005) Approved for use through 3/31/2007. OMB 0651-0021 U.S. Patent and Trademark Office; U.S. DEPARTMENT OF COMMERCE Under the Paperwork Reduction Act of 1995, no persons are required to respond to a collection of information unless it displays a valid OMB control number.

*TRANSMITTAL LETTER TO THE UNITED STATES DESIGNATED/ELECTED OFFICE (DO/EO/US)

ATTORNEY'S DOCKET NUMBER 207.697 nown, see 37 CFR 1.5)

CONCERNING A SUBMISSION UNDER 35 U.S.C. 371 INTERNATIONAL APPLICATION NO. INTERNATIONAL FILING DATE PRIORITY DATE CLAIMED PCT/AU2005/000212 18 February 2005 (18.02.2005) 18 February 2004 (18.02.2004) TITLE OF INVENTION PHYSICAL TRAINING APPARATUS APPLICANT(S) FOR DO/EO/US ROSS, Bruce Williams, Applicant herewith submits to the United States Designated/Elected Office (DO/EO/US) the following items and other information: This is a FIRST submission of items concerning a submission under 35 U.S.C. 371. This is a SECOND or SUBSEQUENT submission of items concerning a submission under 35 U.S.C. 371. This is an express request to begin national examination procedures (35 U.S.C. 371(f)). The submission must include items (5), (6), (9) and (21) indicated below. The US has been elected (Article 31). A copy of the International Application as filed (35 U.S.C. 371(c)(2)) is attached hereto (required only if not communicated by the International Bureau). b. X has been communicated by the International Bureau. is not required, as the application was filed in the United States Receiving Office (RO/US). \mathbf{X} An English language translation of the International Application as filed (35 U.S.C. 371(c)(2)). is attached hereto. has been previously submitted under 35 U.S.C. 154(d)(4). 7. X Amendments to the claims of the International Application under PCT Article 19 (35 U.S.C. 371(c)(3)) are attached hereto (required only if not communicated by the International Bureau). have been communicated by the International Bureau. have not been made; however, the time limit for making such amendments has NOT expired. have not been made and will not be made. An English language translation of the amendments to the claims under PCT Article 19 (35 U.S.C. 371(c)(3)). An oath or declaration of the inventor(s) (35 U.S.C. 371(c)(4)). Unexecuted An English language translation of the annexes of the International Preliminary Examination Report under PCT Article 36 (35 U.S.C. 371(c)(5)). Items 11 to 20 below concern document(s) or information included: An Information Disclosure Statement under 37 CFR 1.97 and 1.98. An assignment document for recording, A separate cover sheet in compliance with 37 CFR 3.28 and 3.31 is included. 12 A preliminary amendment. An Application Data Sheet under 37 CFR 1.76. A substitute specification. A power of attorney and/or change of address letter. A computer-readable form of the sequence listing in accordance with PCT Rule 13ter.2 and 37 CFR 1.821- 1.825. A second copy of the published International Application under 35 U.S.C. 154(d)(4). A second copy of the English language translation of the international application under 35 U.S.C. 154(d)(4).

This collection of information is required by 37 CFR 1.414 and 1.491-1.492. The information is required to obtain or retain a benefit by the public, which is to file (and by the USPTO to process) an application. Confidentiality is governed by 35 U.S.C. 122 and 37 CFR 1.11 and 1.14. This collection is estimated to take 15 minutes to complete, including gathering information, preparing, and submitting the completed form to the USPTO. Time will vary depending upon the individual case. Any comments on the amount of time you require to complete this form and/or suggestions for reducing this burden, should be sent to the Chief Information Officer, U.S. Patent and Trademark Office, U.S. -, Department of Commerce, P.O. Box 1450, Alexandria, VA 22313-1450. DO NOT SEND FEES OR COMPLETED CORNER TO THIS ADDRESS. SEND TO: Mail Stop PCT, Commissioner for Patents, P.O. Box 1450, Alexandria, VA 22313-1450. Page 1 of 3

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U.S. APPLICATION NO. (if known, see 37 CFR 1.5)		INTERNATIONAL APPLICATION NO. PCT/AU2005/000212		ATTORNEY'S DOCKET NUMBER 207,697		
20. Other it	ems or informati	on:				
The following fees have been submitted					CALCULATIONS PTO USE ONLY	
21. X Basic national fee (37 CFR 1.492(a))				\$300	\$ 300.00	0
22. X Examination fee (37 CFR 1.492(c)) If the written opinion prepared by ISA/US or the international preliminary examination report prepared by IPEA/US indicates all claims satisfy provisions of PCT Article 33(1)-(4)\$0 All other situations\$200					\$ 200.00	0
23. X Search fee (37 CFR 1.492(b)) If the written opinion of the ISA/US or the International preliminary examination report prepared by IPEA/US indicates all claims satisfy provisions of PCT Article 33(1)-(4)\$0 Search fee (37 CFR 1.445(a)(2)) has been paid on the international application to the USPTO as an International Searching Authority					\$ 400.00	o l
TOTAL OF 21, 22 and 23 =					900.00	0
electronic medium) (37 CFR 1.492(j)). The fee is \$250 for each additional 50 sheets of Total Sheets Extra Sheets Number of each additional 50 sheets of the		of paper or fraction thereof. Idditional 50 or fraction RATE p to a whole number)		\$ 0.00		
23 - 100 = -77 / 50 = x \$250 Surcharge of \$130.00 for furnishing any of the search fee, examination fee, or the oath or declaration						1
			e (37 CFR 1.492(h)).		\$ 0.00	0
CLAIMS	NUMB	ER FILED	NUMBER EXTRA	RATE	\$	
Total claims	16	- 20 =	0	× \$ 50	\$ 0.00	0
Independent claims	s 1	- 3 =	0	x \$200	\$ 0.00	0
MULTIPLE DEPENDENT CLAIM(S) (if applicable) + \$360					\$ 0.00)
TOTAL OF ABOVE CALCULATIONS =					\$ 900.00)
Applicant claims small entity status. See 37 CFR 1.27. Fees above are reduced by 1/2.					450.00)
SUBTOTAL =				\$ 450.00)	
Processing fee of \$130.00 for furnishing the English translation later than 30 months from the earliest claimed priority date (37 CFR 1.492(i)).					\$ 0.00	
TOTAL NATIONAL FEE =					\$ 450.00	
Fee for recording to	ne enclosed assi	gnment (37 CFR CFR 3.28, 3.31).	1.21(h)). The assignment mus	st be accompanied +	\$	0.00
				EES ENCLOSED =	\$	450.00
					Amount to be refunded:	\$
					Amount to be charged	\$

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a. \overline{X} A check in the amount of \$ to cover the above fees is enclosed.						
b. Please charge my Deposit Account No in the amount of \$ to cover the above fees. A duplicate copy of this sheet is enclosed.						
c. X The Commissioner is hereby authorized to charge any additional fees which may be required, or credit any overpayment to Deposit Account No. 01-0035. A duplicate copy of this sheet is enclosed.						
d. Fees are to be charged to a credit card. WARNING: Information on this form may become public. Credit card information should not be included on this form. Provide credit card information and authorization on PTO-2038.						
NOTE: Where an appropriate time limit under 37 CFR 1.495 has not been met, a petition to revive (37 CFR 1.137(a) or (b)) must be filed and granted to restore the International Application to pending status.						
No.						
SEND ALL CORRESPONDENCE TO: J David DAINOW Abelman, Frayne & Schwab 666 Third Avenue, 10th Floor New York, NY 10017-5621 USA J David DAINOW NAME 22,959 REGISTRATION NUMBER						

10/589704 IAP11 Rec'd PCT/PTO 16 AUG 2006 207,697

IN THE UNITED STATES PATENT AND TRADEMARK OFFICE

APPLICANT

ROSS, Bruce William

SERIAL NUMBER:

Not Yet Assigned

FILED

August 15, 2006

FOR

PHYSICAL TRAINING APPARATUS

EXAMINER

Not Yet Assigned

ART UNIT

Not Yet Assigned

Express Mail Label No. ER 059 676 065 US

I hereby certify that this correspondence is being deposited with the United States Postal Service as Express Mail in an envelope, with sufficient postage, addressed to the Commissioner for Patents, P.O. Box 1450, Alexandria, VA

22313-1450 on the date which appears tel

Name: Signature:

Date:

August 15, 2006

August 15, 2006

SUBMITTAL OF PATENT APPLICATION

Commissioner for Patents P.O. Box 1450 Alexandria, VA 22313-1450

Dear Sir/Madam:

We submit the above-identified new patent application, including the following documents.

- 1. Transmittal Ltr. to the US Designated/Elected Office Concerning a Submission under 35 U.S.C. 371 (3pgs)
- 2. Specifications, Claims, Abstract (11 pages)
- 3. Formal Drawings (12 sheets)
- 4. Unexecuted Declaration & Power of Attorney (2 pages)
- 5. Check #19312 in the amount of \$450.00 for filing fee (1 sheet)
- 6. Copy of WO2005/077473 A1, as priority document for this application

7. Postcard (1 sheet)

Respectfully submitted,

ABELMAN, FRAYNE & SCHWAB

J. David Dainow

Registration No. 22,959

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